

PROGRAM MAP
MASSAGE THERAPY CAREER
PATHWAY (CPC)
3rd GEN 2/14/18

- Entry Requirements:**
- Attend a Massage Therapy Information Meeting
 - Complete prerequisite courses
 - Apply to the Massage Therapy Program online at <http://go.roguecc.edu/department/massage-therapy/application-process>

- WR90** Fundamentals of Composition
- RD90** College Reading
- MTH20** Pre-Algebra
- CG100** College Success and Survival

Above: Prerequisites

Right: Elective Courses

Below: Recommended Preparatory Courses

AH100 Medical Terminology

Optional Summer Term

BI121 Elementary Anatomy and Physiology I with Lab

-Or-

Term 1
Fall

BI121 Elementary Anatomy and Physiology I with Lab **9**

MT100 Massage I **1 6 8**

MT101 Asian Bodywork I **6 8**

MT108 Kinesiology with Lab **9**

Term 2
Winter

BI122 Elementary Anatomy and Physiology II **9**

MT102 Massage II **2 6 8**

MT121 Asian Bodywork II **6 8**

MT105 Massage Therapeutics **4 9**

MT106 Integrated Studies in Massage I **3 7 8 9**

MT109 Pathology for Massage Therapists **3**

Term 3
Spring

MT103 Massage III **2 7**

MT107 Integrated Studies in Massage II **3 7 8 9**

MT116 Exam Review

MT120 A & B Business for Massage Therapists **1 5**

MT180 Cooperative Work Experience **1 4 8**

MT180S CWE Seminar

HE261 CPR/BLS Provider or **HE252** First Aid/CPR/BLS Provider

MT112 Pregnancy, Infant, Child Massage

MT113 Myofascial Release

MT118 Deep Tissue Massage

- Intended Roles**
- Licensed Massage Therapist
 - Citizen
 - Family Member
 - Patient Advocate

- Institutional Learning Outcomes (ILOs)**
- COM 1, 2 & 3
 - CT 1, 2, 3, 4 & 5
 - PG 1, 4, 5 & 6
 - AK 1, 2, & 5
 - AL 1, 2, 3 & 4

- Program Learning Outcomes (PLOs)**
- Communicate effectively in a professional manner with clients, members of the healthcare team, and others.
 - Demonstrate and document various assessment processes; recognizing health and non-health within the body.
 - Demonstrate ability to research pathologies and utilize clinical judgment using knowledge and problem solving skills when creating and implementing a treatment plan.
 - Provide care for diverse populations of clientele and demonstrate a personal commitment to service and the profession of massage therapy.
 - Demonstrate ethical/legal behaviors and boundaries in the massage profession, identify and apply components of a business plan and the ability to bill insurance cases.
 - Utilize universal precautions and maintain a high level of sanitization of equipment and the facility.
 - Utilize a variety of soft tissue modalities to aid in the health and healing of one's body and recognize how those modalities and massage skills combine to create different effects to meet the goals of clientele.
 - Use safe, efficient and effective body mechanics for injury prevention of the therapist and client as well as utilize, demonstrate and instruct the client in self-care techniques.
 - Identify and describe components of the body systems, how homeostasis is maintained, effects of massage on the differing systems and demonstrate safe movement through range of motion.