

**PROGRAM MAP**  
**MASSAGE THERAPY**  
**CERTIFICATE**  
 3<sup>rd</sup> GEN 2 4/11/17

**Entry Requirements:**

- Attend a Massage Therapy Information Meeting
- Complete prerequisite courses
- Apply to the Massage Therapy Program online at <http://go.roguecc.edu/department/massage-therapy/application-process>

WR115  
Introduction to Expository Writing

RD90  
College Reading

MTH20  
Pre-Algebra

CG100  
College Success and Survival

**Above: Prerequisites**

**Right: Elective Courses**

**Below: Recommended Preparatory Courses**

AH100  
Medical Terminology

BI211  
General Biology I w/ Lab

**Term 1**

PSY101  
Psychology of Human Relations or  
BT160 Human Relations in Organizations

CS120  
Concepts in Computing

MTH 63  
Applied Algebra I or  
MTH60  
Fundamentals of Algebra I or  
BT160  
Business Math

HE261  
CPR/BLS Provider or  
HE252  
First Aid/CPR/BLS Provider

MT119  
Introduction to Craniosacral Therapy

**Term 2**

BI121  
Elementary Anatomy and Physiology I with Lab 9

MT100  
Massage I 1 6 8

MT101  
Asian Bodywork I 6 8

MT108  
Kinesiology with Lab 9

MT115  
Trigger Point Therapy

MT117  
Body Maintenance for Massage Therapists

MT199  
Selected Topics in Massage: Study Skills Lab

**Term 3**

BI122  
Elementary Anatomy and Physiology II 9

MT102  
Massage II 2 6 8

MT121  
Asian Bodywork II 6 8

MT105  
Massage Therapeutics 4 9

MT106  
Integrated Studies in Massage I 3 7 8 9

MT109  
Pathology for Massage Therapists 3

MT111  
Sports Massage

**Institutional Learning Outcomes (ILOs)**

- COM 1, 2 & 3
- CT 1, 2, 3, 4 & 5
- PG 1, 4, 5 & 6
- AK 1, 2, & 5
- AL 1, 2, 3 & 4

**Term 4**

MT103  
Massage III 2 7

MT107  
Integrated Studies in Massage II 3 7 8 9

MT116  
Exam Review

MT120 A & B  
Business for Massage Therapists 1 5

MT180  
Cooperative Work Experience 1 4 8

MT180S  
CWE Seminar

MT112  
Pregnancy, Infant, Child Massage

MT113  
Myofascial Release

MT118  
Deep Tissue Massage

**Intended Roles**

- Licensed Massage Therapist
- Citizen
- Family Member
- Patient Advocate

**Program Learning Outcomes (PLOs)**

- Communicate effectively in a professional manner with clients, members of the healthcare team, and others.
- Demonstrate and document various assessment processes; recognizing health and non-health within the body.
- Demonstrate ability to research pathologies and utilize clinical judgment using knowledge and problem solving skills when creating and implementing a treatment plan.
- Provide care for diverse populations of clientele and demonstrate a personal commitment to service and the profession of massage therapy.
- Demonstrate ethical/legal behaviors and boundaries in the massage profession, identify and apply components of a business plan and the ability to bill insurance cases.
- Utilize universal precautions and maintain a high level of sanitization of equipment and the facility.
- Utilize a variety of soft tissue modalities to aid in the health and healing of one's body and recognize how those modalities and massage skills combine to create different effects to meet the goals of clientele.
- Use safe, efficient and effective body mechanics for injury prevention of the therapist and client as well as utilize, demonstrate and instruct the client in self-care techniques.
- Identify and describe components of the body systems, how homeostasis is maintained, effects of massage on the differing systems and demonstrate safe movement through range of motion.